



Peace Meditation

Time: 5th meditation on Rise Day

Length: 10-15 minutes

Speaker: adult or young adult
who made a TEC

Purpose: The meditation should give both the candidates and those who are attending the reunion a fresh glimpse of the lived vision of peace, hope and enthusiasm found in the love of God. The placement of the meditation, just prior to visiting Christ in the Eucharist, serves to prepare them for this encounter.

Setting: After nineteen hours of intense living, discerning and absorbing the Gospel message, the candidates are in need of a period of relaxation, fun and cutting loose. This is the reunion. The Peace meditation is given at the end of this event, prior to the candidates' departure to visit the Blessed Sacrament.

On Saturday, the candidates experienced the suffering and death of Jesus Christ, via their own dying; to self and the Sacrament of Reconciliation. Having now said their "YES" to all the gifts of the Risen Christ offers them in the church, the candidates now find themselves filled with joy, excitement and peace.

The person chosen to give this meditation should be actively engaged in the constant encountering of Christ and who has come to know the meaning of Christ's peace. It is a sharing of their discipleship through which they strive to live the Pascal Mystery daily. It is the story of how they have died with Christ and have risen with Him. Having faced challenges in life and having continued to grow in the love of God, the speaker shows how he/she resolved personal conflicts and discovered that peace comes only with complete trust in God.

Outline:

Scripture: (John 14:27) "Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid."

1. Speak briefly of your background or lifestyle.
2. Share your story (or stories) of striving to walk in companionship with Christ.
3. The main theme of the sharing should encourage the candidates to find peace in Christ, despite pressures and conflicts that may come their way. The peace that the Risen Christ offers does not mean that there are no conflicts in life, but that the love of God can overcome any difficulty. Peace is the by-product of the Paschal Mystery lived.